	FLEET DATA as of July 7, 2021 (A Vessel Name	Built	Dwt	Ice-Class	Current Employment	Expiry Date	Terms	Depreciation Daily	Forthcoming Dry-dockings
	VLCC							*	
	Hercules I Ulysses	Jan-17 May-16	299,010 299,010 598,020		Time-Charter Spot	Nov-21	\$30,625 (see notes) Market rate	9,205 9,131	
	SUEZMAX								
1 2	Artemis Voyager Apollo Voyager	Nov-20 Sep-20	157,135 157,135		Bare-boat Bare-boat	Nov-25 Sep-25	\$19,741 \$20,776	10,500 10,500	
3	Lisboa	Mar-17	155,723		Time-Charter	May-25	\$49,000	10,727	
4	Brasil 2014	Apr-13	155,721		Time-Charter	June-28	\$47,000	10,041	
5	Rio 2016	Mar-13	155,709		Time-Charter	May-28	\$47,000	10,011	
6 7	Eurovision Euro	Jan-13 Sep-12	158,000 158,000		Spot Time-Charter	Aug-21	Market rate \$20,000 min, 90%-10% for owners/charterers \$20,000 to \$33,000, 50%-	6,013 5,876	
8	Dimitris P	Aug-11	157,740		Time-Charter	Aug-23	50% \$33,000 to \$53,000, thereafter 100% charterers \$23,000 min. 100% to \$26,000 plus 50% profit share if above.	7,061	August '21
9	Spyros K	May-11	157,648		Time-Charter	May-22	\$23,000 min. 100% to \$26,000 plus 50% profit share if above.	7,003	July '21
10	Antarctic	Apr-07	163,216	1A	Spot		Market rate	5,688	
11	Arctic	Jan-07	163,216	1A	Time-Charter	Mar-22	\$11,000 min up to \$25,000 100% owners, 50-50% up to \$30,000, thereafter 25%-75% for owners/charterers.	5,624	
12	Alaska	Feb-06	163,250	1A	Spot		Market rate	-	
13	Archangel	Jan-06	163,216	1A	Spot		Market rate	-	
14	Eurochampion 2004 Euronike	Apr-05 Sep-05	164,608 164,565	1C 1C	Spot Spot		Market rate Market rate	-	
	Pentathion	Aug-09	164,236	10	Spot		Market rate	7,061	
	Decathlon	Jan-12	164,274		Spot		Market rate	7,267	
	AFRAMAX		2,723,392						
1	Mediterranean Voyager	Oct-19	116,166		Bare-boat	Oct-24	\$14,225	5,400	
2	Caribbean Voyager Bergen TS	Jan-20 Oct-17	115,000 113,039	1B	Bare-boat Time-Charter	Jan-25 Oct-22	\$14,225 \$24,151	5,400 5,500	
4	Stavanger TS	Jul-17	112,700	1B	Time-Charter	Jul-22	\$24,151	5,599	
5	Oslo TS	May-17	112,700	1B	Time-Charter	May-22	\$24,151	5,637	
6 7	Sola TS Marathon TS	Apr-17 Feb-17	112,700 112,700	1B	Time-Charter Time-Charter	Apr-22 Feb-22	\$23,151 \$23,500	5,572 5.373	
8	Parthenon TS	Nov-16	112,700		Time-Charter	Nov-21	\$22,500	5,322	
9	Leontios H	Oct-16	112,700		Time-Charter	Oct-23	\$22,000	5,354	
10	Thomas Zafiras Elias Tsakos	Aug-16	112,700		Time-Charter	Aug-23 Jun-23	\$22,000 \$22,000	5,274 5.302	August '21
11 12	Izumo Princess	Jun-16 Mar-07	112,700 105,374		Time-Charter Spot	Jun-23	\$22,000 Market rate	3,843	July '21
13	Sakura Princess	Jun-07	105,365		Spot		Market rate	-	
14	Maria Princess	Oct-08	105,346		Spot		Market rate	6,271	
15 16	Nippon Princess Ise Princess	Nov-08 Jul-09	105,392 105,361		Spot (COA) Spot		Market rate Market rate	6,263 6,331	
17	Asahi Princess	Sep-09	105,372		Spot		Market rate	6,353	
18 19	Sapporo Princess Uraga Princess	Apr-10 Jul-10	105,354 105,344		Spot Spot		Market rate Market rate	6,379 6,375	
10	AFRAMAX LR (PRODUCTS)	341-10	2,088,713		эри		Well Not. Felico	0,373	
1	Proteas	May-06	117,055	1A	Spot		Market rate	7,307	July '21
2	Promitheas	Aug-06 Oct-06	117,055	1A	Spot		Market rate	7,413 7,461	August '21
3	Propontis PANAMAX (PRODUCTS)	Oct-06	117,055 351,165	1A	Spot		Market rate	7,461	
1	Sunray	Aug-16	74,200		Time-Charter	Feb-23	\$13,500 min, up to \$25,000 50%-50% owners/charterers	4,951	August '21
2	Sunrise	Sep-16	74,200		Time-Charter	Mar-23	\$13,500 min, up to \$25,000 50%-50% owners/charterers	4,955	September '21
3	Selecao	Feb-08	74,296		Time-Charter	Feb-23	\$13,000 min - \$24,000 max	5,956	
4 5	Socrates World Harmony	Mar-08	74,327 74,200		Time-Charter Time-Charter	Mar-23	\$13,000 min - \$24,000 max \$13,000 min - \$24,000 max	5,939	
6	Chantal	Apr-09 May-09	74,200		Time-Charter	Apr-23 May-23	\$13,000 min - \$24,000 max	5,673 5,667	
7	Selini (49% owned by FLOPEC)	Jan-09	74,296		Time-Charter	Feb-22	\$14.873	3,109	
8 9	Salamina (49% owned by FLOPEC) Andes	Feb-09 Sep-03	74,251 68,439		Time-Charter Spot	Apr-22	\$14,937 Market rate	3,089 3,472	September '21
	Inca (49% owned by FLOPEC)	Mar-03	68,439		Spot		Market rate	3,485	September 21
	HANDYMAX (PRODUCTS)		730,977						
1	Aris	Apr-05	53,107	1A	Spot		Market rate	5,584	
2	Ajax	Mar-05	53,095	1A	Time-Charter Spot	Aug-21	\$13,800	5,635	
3	Afrodite	Aug-05	53,082	1A	Spot		Market rate	5,494	
4 5	Artemis Ariadne	Aug-05 Nov-05	53,039 53,021	1A 1A	Spot		Market rate Market rate	5,492 5,519	
6	Apollon	May-05	53,149	1A	Spot		Market rate	5,584	
	HANDYSIZE (PRODUCTS)		318,493						
	Bosporos (49% owned by FLOPEC)	Aug-07	37,244	1B	Time-Charter	Apr-24	\$15,000 (see notes)	1,892	
2	Byzantion (49% owned by FLOPEC) Aegeas	May-07 Apr-07	37,275 37,061	1B 1A	Time-Charter Spot	Apr-24	\$15,000 (see notes) Market rate	1,933 3,341	
4	Andromeda	Mar-07	37,061	1A	Spot		Market rate	3,308	
5	Amphitrite	May-06	37,061	1A	Spot		Market rate	3,280	August '21
6	Arion	Oct-06	37,061 222,763	1A	Spot		Market rate	3,288	
	LNG (LIQUEFIED NATURAL GAS)								
	Maria Energy	Oct-16	93,600 85,602		Time-Charter	May-23	\$55,000 (see notes)	15,514	
65	Neo Energy	Feb-07	179,202		Time-Charter	Mar-22	\$25,000 (see notes)	11,621	
	S UNDER CONSTRUCTION		7,212,725						
ve55EL	S UNDER CONSTRUCTION Vessel Name	Delivery	Dwt	Price \$m	Extras	Paid to date	Remaining 2021		022
1	HN 3157(LNG)	Q4 2021	81,500	190.0	0.5	55.5	135.0	0.0	
2	HN 5800 (DP2 Shuttle tanker) VESSELS UNDER CON	Q2 2022	155,000 236,500	92.7 282.7	0.4	18.5 74.0	9.3 144.3	65.3 65.3	
67	TOT.	AL FLEET:	7,449,225	202.1	0.9	74.0	149.3	65.3	
		_	_						

NOTES TO DATA (July 7, 2021):

Except for any historical information included below, the matters indicated below are forward-looking and involve risks and uncertainties that could cause actual amounts to differ materially from those below.

TEN undertakes no obligation to publicly update any forward-looking statements, whether as a result of new information, future events, or otherwise.

Q2 crude spot rates at low levels.

In Q2, 22 vessels were operating on time-charter at rates indicated above, 12 vessels were on profit-share arrangements and 31 vessels on the spot market.

Off-hire in Q2:

Lost days on repositioning voyages; Andes:24, Proteas:8, Antarctic:4, Ariadne:4, Amphitrite:7, Euronike:2

Lost days on drydocking/repairs: Maria Energy: 30, Ulysses: 45, Archangel: 46, Alaska: 42, Apollon: 42, Ariadne: 21.

Charters with escalation clauses and adjustments:

Neo Energy's charter rate: One plus one year optional at \$25,000.

Maria Energy's charter rate: One year at \$55,000 plus optional periods (1st year at \$62,000, 2nd year at \$70,000)

Hercules I charter rate: \$30,625 until November 11, 2021. Then, one year option at \$34,500, second year option at \$37,000 and third year option at \$39,000.

Option rates are not taken into account when calculating the fixed period average.

The time-charter rates for the shuttle-tankers Rio 2016 and Brasil 2014 are adjusted periodically to take account of rising expenses. By Q1 they had reached approximatey \$56,000 daily each.

Selini & Salamina 1st year: minimum rate at \$14,000 - maximum \$24,000, 2nd year: minimum rate at \$15,000 - maximum \$25,000, 3rd year: minimum rate at \$15,500 - maximum \$25,500.

For accounting purposes, minimum revenue is recognised on a straight line basis i.e. \$14,937 and \$14,873 from delivery of the vessel until the end of charter.

Charters with alternative periods / determinable rates

Byzantion and Bosporos: if vessels will trade CPP then charter period will be extended to April 2024.

Profit sharing arrangements:

For vessels on a monthly profit-share arrangement, the profit-share is based on a commonly accessible index and therefore is determinable at any month end (Euro, Arctic, Sunray, Sunrise).

For vessels on a six-monthly profit-share arrangement, the profit-share is determined on a fixed date, by recalculating the monthly average of the past six monthly actual rates (Spyros K, Dimitris P),

or as determined by an independent brokers' panel at the end of the six months (World Harmony, Chantal, Socrates, Selecao, Selini, Salamina).

Until the rate has been determined only the minimum rate is accounted for (minimums are shown on the preceding Fleet Data Sheet).

Determination dates: Spyros K and Dimitris P-30 June and 31 December. World Harmony -23 April and 23 October. Chantal -10 June and 10 December. Socrates -7 July and 7 January. Selecao -30 July and 30 January. Selini -1 August and 1 February. Salamina -27 October and 27 April.

General and administrative expenses (our overhead costs) include:

Management fees - monthly fees are \$27,500 per vessel, \$37,833 for Neo Energy and Maria Energy, LNG carriers and \$35,000 each for the three shuttle tankers.

Administrative/office costs - audit/legal fees, director fees/expenses, investor relations costs, office supplies, advertising, project costs, D&O insurance, sundry.

Average total expenditure on Administrative/office costs per quarter is approx. \$1.0 million, excluding management awards.

Finance costs: In Q2 expected finance costs are as follows:	\$million estimate
Loan Interest	7.3
Interest payable/(receivable) in Q2 on all interest rate swaps	2.6
Loan expense amortization, bank charges, other finance costs expensed Mostly non-cash	1.1
Capitalized interest (2 vessels under construction)	(0.2)
Bunker hedges (non-hedging criteria) valuation movements positive Non-cash	(3.7)
Bunker hedges cash payable	0.1_
Total expected finance costs	

Interest income: Interest earned on bank deposits is expected to amount to \$0.1million in Q2.

New deliveries (See table)

TEN has under construction one 174,000 cbm LNG carrier and one DP2 Shuttle tanker.

The Company's equity contribution for the two vessels under construction amounts to \$37.0 million, as of June 30, 2021.

Debt financing, including pre-delivery financing, of \$27.8 million has been agreed to partly finance the LNG carrier.

Debt financing, including pre-delivery financing, of \$74.5 million has been agreed for the shuttle tanker HN 5800. The amount of \$9.3 million has been drawn to date.

Liquidity:

Loan movements in Q2:	\$million
Outstanding debt at March 31, 2021	1,480.8
Drawdowns	9.3
Scheduled repayments	(35.1)
Prepayments	(27.3)
Expected outstanding debt at June 30, 2021	1,427.7

Expected annual loan amortization, based on the current schedule, including recent refinancings and prepayments (in US\$ millions):

	2021	2022	2023	2024	2023
Scheduled repayments	110	162	134	116	82
Balloons	25	15	130	179	131
	135	177	264	295	213

It is expected that all balloons will be refinanced.

In Q1, time-chartered vessels generated enough revenue to cover all cash expenses, as follows:

Revenue generated by vessels on time-charter, net of off-hire
Operating Expenses (all fleet)
Commission Expenses
5.3
41.5

Charter-in hire	6.1	
Finance Expenses, excluding non-cash items	0.5	
Overhead expenses		
Total cash expenses	_	60.2
Surplus generated by time-charted vessels		13.2
Revenue generated by spot vessels after bunker and port expenses		
Total cash generation after expenses		

Preferred and Common Dividends are subject to declaration by the Company's Board of Directors.

On October 30, 2020, the Company redempted its 2,000,000 Series C Preferred Shares.

Dividends on the 8.875% Series C Preferred Shares are paid quarterly in arrears on the 30th day of January, April, July and October of each year.

Dividends on the 8.75% Series D Preferred Shares are paid quarterly in arrears on the 28th day of February, May, August and November of each year.

Dividends on the 9.25% Series E Preferred Shares are paid quarterly in arrears on the 28th day of August, November, February and May of each year.

Dividends on the 9.50% Series F Preferred Shares are paid quarterly in arrears 30th day of January, April, July and October of each year.

On September 25, 2019, the Company raised \$35 million Series G Redeemable Convertible Perpetual Preferred Shares through a private placement.

Preferred dividends, like common stock dividends, do not impact the income statement. However, preferred dividends are included in the calculation of eps. For Q1 therefore, it is expected that an amount of \$9.8 million (payments and accruals) will be included in the numerator when calculating eps.

Following the reversed split on July 1 2020, the number of common shares outstanding amounts to 19,759,779 as at June 30, 2021.

Sale of Common shares under the recently announced ATM program totalled 1,563,963 at a total net proceeds of \$14.0 million, as of June 30, 2021. The program continues.

Vessel values: We regularly perform cash flow tests to assess whether the estimated future cash flow to be generated by each of our vessels is in excess of the net book value of those vessels. Given current remaining life potential scenarios for vessels, there was no indication of vessel value inpairment in Q1. However, there may also be opportunities to sell certain older vessels for current market conditions continue through Q2, but any decision to sell a vessel at a price lower than book value could result in an impairment charge.

Minority Interest. The amount due to the non-controlling interest in Q1 was minimal of \$0.01 million, being net gain attributable to the non-controlling interest which owns 49% of Maya, Inca, Selini, Salamina, Byzantion and Bosporos.

Leases - Q2 charter-in hire \$6.6 million.

As part of the December 21, 2017 sale and leaseback arrangement, TEN sold the suezmaxes, *Eurochampion 2004* and *Euronike*, to a third party and chartered them back on a bare-boat charter for 5 years at \$14,825 per day, per vessel.

On January 9, 2020, the Company entered into a new sale and leaseback arrangement for two of its suezmaxes, *Archangel* and *Alaska*, to a third party and chartered them back on a bare-boat charter for 5 years at \$11,800 per day, per vessel.

On December 21, 2020, the Company entered into a new sale and leaseback arrangement for one of its aframax tankers, *Sakura Princess*, to a third party and chartered them back on a bare-boat charter for 5 years at \$11,800 per day, per vessel.

On June 26, 2021, the Company entered into a new sale and leaseback arrangement for two of its suezmax tankers, *Arctic* and *Antarctic*, to a third party and chartered them back on a bare-boat charter for 5 years at \$11,800 per day, per vessel.

There are no repurchase options or purchase obligations and therefore these charters are accounted for as operating leases. These are the only chartered-in vessels in the fleet. There are no other charters considered as capital or finance leases.

Cargo: Although the LR2s and LR1s are designated product carriers, much of their activity during Q2 is for the transportation of crude or fuel oil.